

# Client Agreement

Below is your client agreement, by participating in my services you agree with the following policies & terms. If you do not agree to the following policies & terms please email any changes or discrepancies to [nickijanecoaching222@gmail.com](mailto:nickijanecoaching222@gmail.com).

1. Time Line Therapy, is either coaching or complementary health care under the laws of a number of states, the person you will be working with is not licensed. that means that she is not a medical doctor, psychiatrist, psychologist, M.F.T, or M,S,W and you acknowledge that you have never worked with a licensed person on this problem. ( if you have you need to provide us with a letter of referral from him before we start the process .if you have been prescribed medication by him you need to present us a letter of consent from him before we start. This means a short written note stating that you have informed your health care provider of your decision to engage in timeline therapy techniques furthermore nothing that happens when we meet should be construed as, nor should you believe that it is a substitute for the advice of a licensed person.
2. What to expect, your coach or complementary health care practitioner has been trained and certified in timeline therapy tm at the practitioner level and will be doing this technique and along with neuro-linguistic programming (NLP). The session will probably be different from what you might have expected . in total we will not spend a lot of time talking about the problem, just gathering information about it. In fact, most of the sessions are about other things. It is very important for us to discover the internal thought process of HOW you create a problem. That means that we are looking for your strategy, or how you structure the problem . because our focus is on structure, that means that, once we discover it, we can move on and focus on having the problem disappears very quickly. Because of this, your timeline therapy master practitioner may cut your answers short or even talk about your problem in ways that you never considered. She may even ask you questions that you do not understand consciously in order for your unconscious mind to make the changes you want at the unconscious level. It is important to do this so that we can reduce the time taken for the therapeutic process. If you have been in coaching, NLP, or another kind of session before, except that this one will be very different, and quite a bit shorter.
3. This is the process, we begin with you telling us the problem. We will ask you for examples of the problem and other questions to discover HOW you do it in your head. We will also probe to discover the source of the problem – the precipitating events, sometime before the end of this session we will ask you what has to happen so you will

know the problem is gone.

4. After the session, we will probably assign you some very specific tasks to do. If assigned, these tasks are absolutely a fundamental part of the process. They may take up to several days or weeks to complete. The tasks are directly related to the circumstances that created the problem. **YOU MUST DO THEM.** If you do not, then neither you nor we can predict the outcome. certainly, any guarantees will not be valid if you do not do the tasking. Secondly it is important that you will need to focus on what you want , the people that are the happiest in life overall are those who recognize that you have a choice to focus on what you don't want or what you do want .you can focus on negative emotions and things that make you feel bad or you can focus on positive emotions and things that make you feel good . it is your choice. After the session, **YOU MUST FOCUS ON WHAT YOU WANT.** Finally, if your old pattern rears its ugly head, then you must refuse to run that pattern again. Please remember that we have the utmost total and complete respect for you and absolutely no respect for your old problem.
5. This is a coaching or complementary health care and therapy. Your timeline master practitioner is a legal complementary health care provider and not a licensed medical doctor, psychologist, psychiatrist, master's in family therapy MFT or masters in social work MSW. The services you receive are not licensed in this state nor are they regulated by a governmental body. The self-regulated holistic treatments and client-centered disciplines In which your practitioner is trained and in which she has experience include, consulting and coaching, timeline therapy techniques, neuro-linguistic programming NLP. we will always provide only those services in which we have been trained, and if we find that we cannot help you, we will refer you to a licensed person who can assist you. during your sessions, we will use one or both of these techniques: **TIMELINE THERAPY TECHNIQUES** | The techniques are a process of active imagination where the client imagines floating above his timeline and letting go of hid negative emotions and or limiting decisions (or limiting beliefs) then the client is also asked to imagine creating events in his future that support his goals and outcomes. timeline therapy techniques have demonstrated results in a broad variety of problems. it is a very powerful technique that allows clients to make long-lasting changes in a very rapid way. your practitioner is certified as a timeline master practitioner by the timeline therapy association. **NEURO-LINGUISTIC PROGRAMMING (NLP)** | NLP is a model of communication- how we communicate to self and others and how that communication creates and affects our behavior. as a study, it is a synthesis of cognitive and behavioral philosophies that focus on the information coming in through the neurology (cognitive) and the programs we run inside our heads to produce the behaviors we do. Your practitioner is certified as an NLP master practitioner by the American Board of neuro-linguistic programming.
6. Confidentiality: We keep all information we receive from you confidential and do not

and do not disclose it to persons outside our company. All client information is kept strictly confidential and is for our internal use only (importantly in some states we are required to share information about child abuse with state bodies who oversee such matters)

7. Your Guarantee. All the work that we do is guaranteed. That means that you will receive the support and follow up to ensure that you get the results you wanted. We guarantee our work because our experiences have shown us that our clients always get results. The guarantee works like this: You must finish the program. That means to attend every session. You must go through the entire all the way to the end. You must do the tasking after the sessions and you must do it fully and completely. Having done this and allowed some time(say up to 2 weeks) for the process to integrate then we agree to work with you until your problem is gone at no charge until you get the results you want.
8. Your choice, your responsibility. While, during the session, we will offer you advice and other ways of looking at your problem and its solutions for your consideration, you hereby agree that whatever we discuss is only our perspective and it's not binding upon you, nor is it a prescription. If you want to discuss our suggestions with someone else, you should discuss them with licensed health care providers. It is your responsibility to confirm whether or not any changes we made produced the desired results. It is your responsibility to communicate your results to us. Our liability is limited to the amount paid to us for the coaching sessions.

*Nicki Jane*